

AUGUST 2024

BREAKFAST



All meals include a choice of non-fat or 1% milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply
Shortage.



Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to stay hydrated and help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst throughout the day.

Reference: USDA MyPlate



MONDAY

NO
SCHOOL

5

TUESDAY

NO
SCHOOL

6

WEDNESDAY

NO
SCHOOL

7

THURSDAY

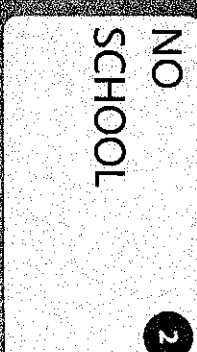
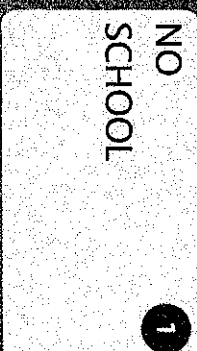
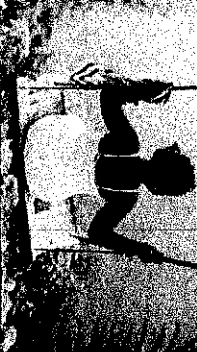
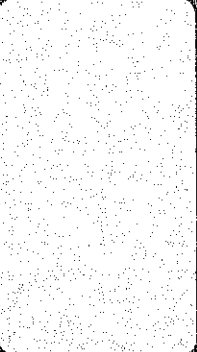
NO
SCHOOL

1

FRIDAY

NO
SCHOOL

2



Combo bar
Yogurt & granola
Apple slices
Juice
Milk

12

Omelette
Bacon
Banana bread
Pineapple
Juice / Milk

13

Pancake on a stick
Cheese stick
Peaches
Juice
Milk

14

Biscuit & sausage gravy
Yogurt & granola
Applesauce
Juice
Milk

15

Breakfast casserole
English muffin
Fruit cocktail
Juice
Milk

16

French toast
Sausage patty
Applesauce
Juice
Milk

19

Scrambled egg w/bacon
Chocolate bread
Grapes
Juice
Milk

20

Chicken biscuit
Hashbrown
Yogurt & granola
Strawberries
Juice / Milk

21

Biscuit & sausage gravy
Yogurt & granola
Banana
Juice
Milk

22

Breakfast burrito
Pears
Juice
Milk

23

Cereal
Cheese stick
Pears
Juice
Milk

26

Sausage, egg, cheese
English muffin
Fruit cocktail
Juice
Milk

27

Waffles
Sausage patty
Pineapple
Juice
Milk

28

Biscuit & sausage gravy
Yogurt & granola
Peaches
Juice
Milk

29

Breakfast casserole
English muffin
Tropical fruit
Juice
Milk

30

AUGUST 2024

LUNCH



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August is National Panini Month! A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



MONDAY

NO SCHOOL

5

Beef stroganoff
Peas / Carrots
Roll
Pineapple
Milk

12

Tater tot casserole
Breadsticks
Salad mix
Mandarin oranges
Milk

19

Sloppy joes
Okra
Sweet potato fries
Oranges
Milk

26

TUESDAY

NO SCHOOL

6

Corn dog / Crispieto
Potato wedges
Broccoli
Mixed fruit
Milk

13

Orange chicken
Egg roll / Stir fry
Fried rice
Tropical fruit
Milk

20

Nachos w/ Salsa
WG chips
Cauliflower
Fruit cocktail
Milk

27

WEDNESDAY

NO SCHOOL

7

Beef stew
Cornbread
Celery
Ice cup
Milk

14

Roast w/ gravy
Mashed potato
Green beans / Roll
Applesauce
Milk

21

Chicken spaghetti
Salad mix
Breadsticks / Peas
Ice cup
Milk

28

THURSDAY

NO SCHOOL

1

Bbq chicken
Baked beans / Roll
Mac'n'cheese
Orange
Milk

8

Chicken fajita
Ranch beans
Fajita blend
Peaches
Milk

15

Pizza / Salad mix
Ranch beans
Carroteenies
Slushie
Milk

22

Little smokies
Mac'n'cheese
Corn / Roll
Pineapples
Milk

29

FRIDAY

NO SCHOOL

2

Walking tacos
Brown rice
Salad mix
Ice cup
Milk

9

Beef tips w/ gravy
Brown rice
Carrots
Peas
Milk

16

Chicken pot pie
Wg biscuits
Celery
Peaches
Milk

23

Beef enchiladas
Pinto beans
Peaches
Milk

30